

STARBUCKS CLOSING ITS BAKERIES

metroBUSINESS



Your essential daily news | THURSDAY, JUNE 18, 2015

High 21°C/Low 9°C Partly sunny

IONARY TA

Fairgoers ride the Crazy Mouse roller-coaster at the Red River Exhibition Tuesday. A teen, who was paralyzed after being hit by one of the coaster's cars, has launched a lawsuit. Story, metroNEWS. SHANE GIBSON/METRO

Cameras vs. illega

Fine collection could pay for pilot program, councillor says



Dave Baxter Metro | Winnipeg

Two city councillors say illegal dumping continues to be a problem in Winnipeg, and they want to start using cameras to catch dumpers in the act.

"It happens daily in different spots," said Coun. Ross Eadie. "And people can't monitor it themselves 24 hours a day, seven days a week, so cameras can."

Coun. Devi Sharma raised a motion at city hall Wednesday,

asking the city to figure out what would be needed to run a twoyear pilot project using CCTV cameras to catch vehicles and people who are dumping.

Eadie seconded the motion.

"It's two-fold," said Eadie. "We have some transient residents who are dumping, and we also have landlords and commercial people dumping stuff."

Eadie said there are spots where dumpers consistently toss illegal trash early in the morning. He said the city constantly sees things like construction material, furniture and bags of garbage dumped illegally.

"CCTV will help us catch them, and once we catch them the fines can pay for the cameras," said Eadie. "As soon as they get the message that there is a big fine and they are going to get caught, then we think that it will stop.'



Your essential daily news

Association backs off shrinking carry-ons. **Business**

Manitoba to issue first apology for '60s Scoop

ABORIGINAL ISSUES

Program took children and placed with white families

Child welfare agents took Christine Merasty from her mother's arms shortly after her birth at a hospital on Christmas Day in 1970.

It was supposed to be a sixmonth arrangement to allow her mother — a residential school survivor - to get her life together after living on the streets of downtown Winnipeg.

But child-welfare workers were already showing the infant's picture to prospective white families for adoption. Christine was taken to her new home in the rural Manitoba town of Bowsman when she was four months old.

"They didn't give my family a chance. They just wanted to remove an Indian child into a white home," Merasty says. "That wasn't right. I had a family searching for me for 20 years, wanting me. They would have wanted me in 1970.

It was called the Adopt Indian Metis program. Today it's referred to as the '60s Scoop.

From the 1960s to the 1980s, thousands of aboriginal children were taken from their homes by child-welfare services and placed with non-aboriginal families.

Many view the program in the same light as residential schools. Adoptees have been calling for



Child welfare agents took Christine Merasty, pictured here on Tuesday, from her mother's arms shortly after her birth at a hospital on Christmas Day in 1970. JOHN WOODS/THE CANADIAN PRESS

a formal apology similar to the one given to school survivors.

On Thursday, Manitoba is to become the first province to apologize to Merasty and hundreds of others for the loss of their family, culture and herit-

For many, including Merasty, it comes too late. It won't give her back a childhood immersed in her culture or teach her the language of her grandparents.

"I'm angry. How can you not be angry?" she says. "Who gave them the right to make a decision on my life and for my

It took 23 years for Merasty

to find her roots.

She grew up thinking she was French, but never knowing where her dark eyes, hair and high cheekbones came from. She endured racist taunts from

They didn't give my family a chance. They just wanted to remove an Indian child into a white home. Christine Merasty

classmates because she looked aboriginal.

While searching for post-secondary funding, Merasty found out she was from Lac Brochet, a reserve in northern Manitoba. When she called the band office, she ended up talking to the chief — her uncle.

By then, her mother, Claire, had been dead for 20 years. She had become one of Canada's almost 1,200 missing or murdered aboriginal women, her body found on a highway on the outskirts of Winnipeg. No one has ever been charged in her death.

Merasty couldn't ask her any of the questions she had pondered for years. But she found grandparents and a community that had never given up searching for her. When she visited her home reserve for the first time, hundreds lined up at the airstrip to greet her.

She couldn't communicate with her Dene grandmother except through a translator, but the connection with her family was instantaneous.

"The connection I felt was the love. It's so unconditional. I'm raised white but that love is indescribable.

Merasty had eight years to get to know her grandfather before he died in 2001. Her grandmother died in 2011. Merasty lost out on a lifetime with them, but still considers herself fortunate.

"I'm just one lucky person that found a family that completely loves me.'

THE CANADIAN PRESS

SEXUAL ABUSE

Graham **James** back in court

Todd Holt says the scars from being sexually abused by former junior hockey coach Graham James will never fade, but every new accuser that comes forward helps lessen the load.

Holt, a standout player with the Swift Current Broncos from 1989 to 1994, is watching the latest legal proceedings against his former mentor and convicted pedophile closely.

James, who remains in prison serving a sex-crimes sentence, is to appear in a Saskatchewan court this week facing more sex-related charges involving another Broncos player dating back to the early 1990s.

Holt says he encouraged the latest accuser to come forward sooner. But he understands the

"It's something you truly think you can take to your grave," Holt recalls. "If I ever had a regret it would be not saying more when I could have.'

This is the third time James has faced sex charges.

He served 3-1/2 years in federal prison after he pleaded guilty in 1997 to sex offences against Sheldon Kennedy and two others. Kennedy played for the Swift Current Broncos of the Western Hockey League at the time of the assaults and went on to play in the NHL.

James sought and received a pardon for those offences in 2007, but he was back in court a few years later when Holt and his cousin, retired Calgary Flames star Theo Fluery, came forward with new allegations.

James pleaded guilty and was initially sentenced to two years in 2012. An Appeal Court increased the sentence to five years and he has never applied

Holt says he and scores of other young players were interviewed by police when Kennedy first came forward.

"You don't know what to say. You don't know how to say it. If I did, what were going to be the consequences?

"I feel awful that we couldn't be there more for Sheldon."

Both Holt and Kennedy plan to be in Swift Current to hear the newest allegations back in COURT. THE CANADIAN PRESS

Tories call for probe into government advertising

Manitoba Opposition Leader Brian Pallister called Wednesday for an independent review of all government advertising to remove any partisan messaging, and promised to establish one if elected premier next year.

Pallister said the NDP government's Steady Growth, Good Jobs campaign — billboards, signs and media advertisements that tout the government's infrastructure plan — is a misuse of taxpayer money because it promotes the governing party.

"I'm asking the government to agree ... to have an analysis done by the auditor general, an independent examination, to make sure that these millions of dollars are being spent fairly and honestly and not being used by the government to promote their election campaign."

The government denies the

signs are partisan and has said the ad campaign serves taxpayers by showing them their money is put to good use.

Pallister wrote to the auditor general recently to conduct a review of the campaign, but the auditor responded that he had no authority to investigate because Manitoba has no standards for government advertising. As such, an audit could only be done if all three political parties in the legislature agree.

Pallister called on the NDP to support the audit, and promised that if he is elected premier, he would permanently give the auditor the right to review all government advertising and block ads that are too partisan.

Documents show the government spent \$232,121 in a three-week period last month to promote the provincial budget. THE CANADIAN PRESS



THE CANADIAN PRESS



CRIME MAN SHOT IN PARKING LOT A man is recovering after being shot in a parking lot outside a normally quiet apartment block early Wednesday. The victim is in stable condition and no arrests have been made. SHANE GIBSON/METRO



IN BRIEF

Winnipeg senior facing child porn charges

Police have laid child porn charges against an elderly Winnipeg man.

The Winnipeg Police Service's Child Exploitation Unit began investigating in late March after becoming aware of a man who was allegedly in possession of child pornography.

The suspect was arrest Tuesday without incident.

A 77-year-old man is facing charges of possession of child pornography; importing, distributing, selling or possessing for the purpose of distribution or sale any child pornography; and accessing any child pornog-

The man has been released on a promise to ap-

Police may have your stuff

after break-in arrests Police ask anyone who's had their vehicles broken into who hasn't already reported it to do so after the arrest of two teens allegedly caught breaking into vehicles in Westwood this week led investigators to a treasure trove of stolen property.

Police were called to the 200 block of Sansome Avenue around 4 a.m. Monday after two suspects were seen going through vehicles.

After a lengthy foot chase with help from the Canine Unit two suspects were caught and stolen property from some of the vehicles was recovered.

The arrests led to a raid in the 500 block of Rouge Road where more even stolen property was found.

Keep pedestrians off intersection: Browaty

Mayor believes Portage and Main should be opened up



Dave Baxter Metro | Winnipeg

The city will move forward with a new study to analyze if Portage and Main should be opened up to pedestrians, despite one councillor's insistence it's a waste of time and money.

"I'm disappointed that we are moving forward wasting our time and energy looking at reopening Portage and Main,' said Coun. Jeff Browaty."The reality is there are almost 78,000 vehicles a day going through that intersection, and adding pedestrians into the mix is both a recipe for potential injuries, and degrading the performance of the intersection for vehicle traffic.'

Browaty also read a letter he said was from one of his constituents claiming the corner of Portage and Main is not as 'iconic" as many people think.

Browaty said he agrees with the contents of the letter.

Coun. Scott Gillingham and Browaty were the only two councillors to vote against the study on Wednesday.

Mayor Brian Bowman said he believes the intersection should be opened to pedestrians, but said there is a lot of work to be done.

"The biggest take-away for

me that I wanted to see supported by council was an endorsement of the need to have a conversation with the relevant stakeholders, and most notably the property owners, in the surrounding area," said Bowman.

He said the study will look at things like traffic flows, pedestrian safety and making the city more pedestrian friendly.

Bowman said there is currently no timeline for when results of the study are to come back to council.



Coun. Jeff Browaty stands on the pedestrian barricades at the corner of Portage and Main. DAVE BAXTER/METRO



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Teen to sue Red River Ex

INCIDENT

Adam Martens left paralyzed after being hit by roller coaster



A young man left paralyzed after a trip to the Red River Exhibition two years ago is now suing the Ex and North American Midway Entertainment.

Eighteen-year-old Adam Martens was 16 when he was hit by a car on the Crazy Mouse roller coaster after walking through a gap in a fence to find his hat, which had blown off while he rode it, according to a statement of claim filed Tuesday.

The lawsuit says Martins suffered a spinal cord injury and is now a quadriplegic.

"Our life has completely changed," said Martens' mother, Priscilla Meeches, who tells Metro she's been



Adam Martens, 18, was 16 when he was left paralyzed after being hit by a car on the Crazy Mouse roller coaster at the Red River Exhibition. He is now suing the Ex and North American Midway Entertainment. HANDOUT/GOFUNDME

unable to work because she now spends 24-hours a day caring for her son. "He has no movement from the neck down, so he's a typical teenager, but he can't brush his teeth, he can't pee on his own, he can't wash his body and he can't get in and out of his bed."

The lawsuit says the Red River Exhibition, North American Midway Entertainment, and three "John Doe" ride

(or minimum \$30 in pled Dog Friendly (on a le Children under 12 participate for operators failed to set up a properly fenced and secure perimeter around the ride, failed to give verbal or written notice not to wear baseball caps on the ride and failed to stop Martens from



This incident could have been avoided. I don't want to see this happen again."

Adam Martens' mother, Priscilla Meeches

retrieving his hat.

Martens' lawyer Harley Schachter said his client's family is still trying to decide how much money he'll need to live and the lawsuit does not specify an amount.

As well as seeking damages, Meeches said she hopes the lawsuit will lead to changes to make sure no one else is injured at the fair.

"This incident could have been avoided," she said. "I don't want to see this happen again."

Red River Ex CEO Garth Rogerson said he's not allowed to comment on pending litigation and an email to North American Midway Entertainment was not returned by press time.



B.C. Police ask for help in case of missing Winnipeg woman in West Kelowna

Police in B.C. say they need the public's help as they try to find a Winnipeg woman who went missing in West Kelowna last Tuesday.

Kara Stoyanowski was last seen on June 9, when she was walking away from a recreational area in West Kelowna. Local RCMP said the area is near the road to Headwaters and Peachland Lake Road in Kelowna.

Kara is described as a 24-year-old white women, aboutfive-foot=eight and 120 pounds.

She has short pink hair, and was last seen wearing flip-flops and a shirt and shorts. Call the West Kelowna RCMP at 250-768-2880 or Crime Stoppers at 1-800-222-8477 with any information on the case. METRO



Kara Stoyanowski SUPPLIED



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Winnipeg sketch comedy troupe H.U.N.K.S. performs at the

H.U.N.K.S. advised by the best

BACKSTAGE PASS

Sketch comedy troupe will be performing at Fringe festival

Story Metro | Winnipeg

H.U.N.K.S. received some reliable advice from the King of Empty Promises.

The new Winnipeg sketch comedy troupe, made up of members Tim Gray, Dana Smith, Quinn Greene, Matt Nightingale, Sam McLean and Rory Fallis, recently participated in a workshop with Kevin McDonald of The Kids in the Hall.

Gray, 28, said McDonald, known for such characters as Sir Simon Milligan, Jerry Sizzler and the aforementioned King of Empty Promises, was helpful toward H.U.N.K.S.

"He walked us through The Kids in the Hall writing process which was a lot of improvising premises and then writing out the beats of a sketch and then scripting it from there. We're integrating that into our own process now," Gray said.

H.U.N.K.S. premiered its sketch comedy at the Park Theatre in May and is performing brand new material monthly at the Osborne Street venue, with the exception of July and August,

as the troupe is performing at the upcoming Winnipeg Fringe Theatre Festival, which runs from July 15 to

A diverse group of per-formers, the H.U.N.K.S. cast has experience in stand-up comedy, theatre, improv, TV and film production. Also, almost all the members were part of the popular local cable show The Week Thus Far.

Style-wise, Gray said the members of H.U.NK.S. (which isn't an acronym for anything) are big fans off the offbeat humour of The Kids in the Hall and Halifaxbased sketch comedy troupe Picnicface.

"It's silly. It's stuff that makes us laugh. We're trying to be ridiculous and go over the top. We're not necessarily trying to revolutionize sketch comedy, but at the same time we're trying to push it a little bit," Gray says.

Silly yet completely serious. Gray said the group is committed to pumping out new material month after month, and that means it has to be diligent.

"We said this jokingly when we first started getting together, but it's become our mantra and that's 'No f--ing around," Gray said.

We're very serious about this. It's a business meeting at rehearsal. We make sure we're on time. We're acting like professionals. We're showing up to work.'

Bachman hopes to get 'better and better'

Randy Bachman is open for business.

Though the 71-year-old Winnipeg native will receive a lifetime achievement honour at Monday's SOCAN Awards, he wants to make one thing exceedingly clear: we ain't seen everything yet.

"It's obviously a huge honour to get a lifetime achievement award - I just don't want it to signify that my life is over," the chatty Bachman said in a

telephone interview this week.

"Âs you write songs and be a musician, if you don't selfdestruct with drugs and alcohol — which I never have — you get better and better and better.

"It's not like an athlete that has their prime and their knees go bad or their shoulder. As a songwriter, I get more intuitive, I write more.

"I will go anywhere and write with anybody. My publishing is called Write Songs

Will Travel. If you've got a new artist or an old artist and you want me to write a song, I will be there.'

As Bachman gathers steam on this topic, it becomes clear it's a track he's been riding a long time.

Although his catalogue of hits with the Guess Who and Bachman-Turner Overdrive has inspired impersonations from the likes of Lenny Kravitz and Mavis Staples, he's found less

success peddling his own solo tunes to established artists.

And it's not for lack of trying.

'I've sent songs to everybody: Neil Diamond, Barbra Streisand, Celine Dion, Mariah Carey, Sheena Easton, Tina Turner," he recalled.

"But no one's ever done one." "I've got such great songs that nobody has heard — all they've heard are my greatest hits," he attested cheerfully. THE CANADIAN PRESS



Canada | **metr**NEWS 6 Thursday, June 18, 2015

Public gets say on plane noise

AIRPORTS

Residents under flight paths to be consulted

The federal government wants to give people living under flight paths the chance to have their voices heard over the din of passing air-

Residents in affected communities will now be included in consultations and deliberations about shifting flight paths at major airports.

The new rules went into effect on Wednesday.

Transport Minister Lisa Raitt said she expects every airport in the country to follow the spirit and intent of the new rules when they make decisions about the routes planes fly, whether it's a change to flight paths to Toronto Pearson International, or to the smaller Billy Bishop Airport on Toronto Island.

We expect that you're going to implement this protocol so we can avoid the disaster that has happened with the implementation of new flight routes in the Toronto Pearson area," Raitt told reporters in Ottawa.

She said many residents who live under those flight paths have been frustrated that their voices weren't heard when changes were made in the past.

Previously, airports only had to ask for input from anyone living within 10 nautical miles — about 18 kilometres - of an airport.

If anyone farther away had issues, there was little they could do, which has frustrated many residents affected by airport noise.

The federal government could only shift a flight path if there was a safety problem,



We expect ... to implement this protocol so we can avoid the disaster that has happened with ... new flight routes in the **Toronto Pearson** area.

Transport Minister Lisa Raitt

and Nav Canada, the private body charged with navigating all flights in Canadian airspace, didn't have to consult the public on changes, she said.

When Raitt was asked what would happen if airports didn't follow the new rules, she said residents should call her directly, "and we'll have a conversation with the airports." THE CANADIAN PRESS



Transport Minister Lisa Raitt. SEAN KILPATRICK/THE CANADAN PRESS

AIRPORT SECURITY

Turban rules lifted

Transport Minister Lisa Raitt says there's no need to reimpose a rule that required passengers to remove religious headgear when going through airport security.

Raitt says the agency charged with screening travellers at airports has other tools at its disposal to ensure safety without requiring passengers such as Sikhs to remove their turbans.

Raitt says department officials are reviewing the policy to see if there is a way to enact the rule anew in a non-discriminatory way.

On Tuesday, Raitt struck down her department's April decision to implement the rule but only for flights within Canada.

The decision came hours after the World Sikh Organization of Canada condemned the policy as discriminatory because it required Sikhs to remove their turbans, which their religion requires them to wear.

Raitt says she learned of the policy about two weeks ago after caucus colleagues raised concerns they had heard from Sikh travellers. THE CANADIAN PRESS



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Stripped of their travel rights

A brother and sister from Saskatchewan say they are "deeply sorry" for taking off their clothes on top of a sacred mountain in Malaysia.

Lindsey and Danielle Petersen have released a statement saying they did not mean offence and were unaware of the spiritual significance of Mount Kinabalu.

The contents of our hearts and everything else that was laid bare during our summit experience were a reflection of the exuberance and joy we felt for our achievement of climbing the tallest peak in Southeast Asia," the statement says. "There was absolutely no ill intent."

They were among 10 foreigners who stripped and took photos on the mountain on May 30. A local official has said their behaviour was disrespectful and caused an earthquake a few days later that killed 18 climbers.

The Canadians, along with Dutch citizen Dylan Snel and British student Eleanor Hawkins, spent three days in jail before pleading guilty to public indecency. They were fined about \$1,600 each and deported.

The Petersens arrived back in Saskatchewan over the weekend. A person who answered the phone at their parents' home in Wood Mountain, southwest of Regina, declined comment.

Lindsey Petersen, a University



Lindsey Petersen, left, and Dutch national Dylan Snel arrive at court in Kota Kinabalu, Malaysia, on June 12. AFP/GETTY IMAGES

of Regina engineering graduate, had detailed his travels in Asia over the last seven months on Facebook. When his sister joined him in Bali, Indonesia, in April, he referred to them as the "dynamic duo."

"This is an experience that

we have learned from and will never forget," the siblings say in the statement, which ends with a quote from Mark Twain: "Clothes make the man. Naked people have little or no influence in society.'

THE CANADIAN PRESS

metr

NEWS | Canada Thursday, June 18, 2015



Using a high-tech headset, spectators can see Cirque du Soleil's Inside the Box of Kurios from the gravity-defying performers' point of view. THE CANADIAN PRESS/CONTRIBUTED

'It's as if you staged a play for one viewer only'

CIRQUE DU SOLEIL

Virtual-reality circus creates an immersive experience

For those of us who lack the robust physique and otherworldly agility necessary to play a part in a Cirque du Soleil show, there is now a way to join the cast of the company's newest production via the latest in virtual reality technology.

The company has partnered with Montreal-based production house, Felix & Paul Studios, to release Inside the Box of Kurios, a virtual-reality experience somewhere between a traditional film and a video game that puts viewers inside the show.



It's the birth of something new, a brand new medium and art form.

Felix Lajeuness, video artist

"We like to break new ground; that's what Cirque has been doing for all these years," said Jacques Méthé, president of Cirque du Soleil's media division.

In the film, the viewer is transported to a steampunk world of clowns, gymnasts and aerial performers from the company's Kurios — Cabinet of Curiosities show, which debuted in 2014.

"It's as if you staged a play for one viewer only," Méthé said. "The only decision you do is the direction in which you're going

The virtual-reality experience is a collaboration between the show's director, Michel Laprise, and Felix Lajeunesse and Paul Raphael, two video artists who have embraced virtual reality as a platform for storytelling.

Lajeunesse said he has been working with Raphael on "immersive cinematic experiences" for a decade, and the two first came into contact with Cirque du Soleil at the 2010 Shanghai Expo.

They have gone on to produce a scene from the 2014 Reese Witherspoon film Wild, and most recently, an up-close-andpersonal interaction with an Apatosaurus in partnership with the studio behind Jurassic World.

"It's the birth of something new, a brand new medium and art form," Lajeunesse said. "We had to accept that we would probably never do a film in our lives again, and that we would just focus for the rest of our careers on exploring that new language and that new medium."

Inside the Box of Kurios and the other experiences are designed for the Samsung Gear VR, one of a new generation of virtual-reality headsets hitting the market that make use of the advances in display technology propelled by the rise of the smartphone.

The transition from traditional filmmaking has been challenging, Lajeunesse said. "It's as if you tried to retrofit jazz music into painting. It has to be taken for what it is. It's a new departure, it's a new territory, a new continent to explore."

THE CANADIAN PRESS





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World | metr@NEWS Thursday, June 18, 2015

Runaway tiger mauls civilian

GEORGIA

Man dead after predator escapes zoo during floods

A tiger that broke loose after severe flooding at the Tbilisi Zoo mauled a man to death in the Georgian capital before being shot by police Wednesday, a day after officials said all the zoo's tigers had died.

Zoo director Zurab Gurielidze acknowledged he was to blame for releasing faulty information. He said new counts indicated a tiger cub and a hyena could still be on the loose. The city has remained on edge, with runaway predators reportedly seen by some residents.

The Interior Ministry in the former Soviet republic said the tiger was hiding in an abandoned factory that had been turned into a construction market when he attacked the man. The victim, who worked in the market, later died of his wounds at a hospital.

"We entered the depot and, suddenly, a white tiger rushed out of an adjacent room and attacked one of the workers, jumping at his throat and mauling him," colleague Alexander Shavbulashvili told The Associated Press.

"We broke the window of another room to flee, and the sound of breaking glass must

have scared it and it ran away.' Police commandos rushed

to the site and killed the tiger. The zoo administration had said Tuesday that eight lions, all its seven tigers and at least two of its three jaguars and 12

of its 14 bears were killed in

the flooding.
Georgia's Prime Minister Irakli Garibashvili criticized zoo officials for providing false information and ordered the interior minister to personally oversee the count of how many animals have died and how many remain missing.

After the premier's statement, the zoo director acknowledged he was to blame for the misinformation.

On Tuesday evening, several hundred demonstrators gathered outside the main government building in Tbilisi in support of the zoo director and to protest what they suspect is a government attempt to pin all the blame on him.

THE ASSOCIATED PRESS



We had wrong information that there were no predators outside the zoo ... I take full responsibility for that.

Zoo director Zurab Gurielidze





RAMADAN MUSLIMS MARK START OF HOLY MONTH WITH FASTING AND PRAYERS Palestinians walk near a traditional Ramadan lantern on Wednesday in Jebaliya refugee camp, in the northern Gaza Strip. Muslims around the world will mark the start of Ramadan on Thursday, or later in some countries, for a month of intense prayer, dawn-to-dusk fasting and nightly feasts. ADEL HANA/THE ASSOCIATED PRESS

165 pardoned ahead of holiday

Egypt's president issued a decree pardoning 165 people on Wednesday, mostly youths convicted of breaking protest laws and misdemeanours ahead of the holy month of Ramadan.

Many of the pardons issued by President Abdel-Fattah el-Sissi were to university students, some jailed under a draconian law that heavily punishes demonstrations staged without police permits.

The move comes amid a stateorchestrated campaign to silence dissent, where courts dispense stiff sentences against both Islamists and secular-minded

activists over charges mostly related to violence. Pardons during national and religious holidays are a tradition in Egypt.

Rights groups say many of the people were sentenced over the past two years to around three to four years of imprisonment, and that some were arrested at home or on the sidelines of protests in which they were not participating.

"It's not just the new protest law at work here, there's also a poor judiciary and lack of a credible investigative process, and some are being charged under another 100-year-old law limiting even small assemblies," said Mohammed Zaree of the Cairo Institute for Human Rights Studies.

The protest measure became law after the el-Sissi-led military's ouster of Islamist President Mohammed Morsi in July 2013, part of a sweeping crackdown against his supporters and other dissidents.

The clampdown, which left hundreds dead and thousands in prison, some without charges, has sparked a radical backlash and attacks against security forces. THE ASSOCIATED PRESS



Hunter Treschl, 16, of Colorado Springs, during an interview in hospital in Wilmington, N.C. "I

'It felt like a big fish': Shark victim

U.S. teen lost his arm in one of two attacks on Sunday

Hunter Treschl and his cousin were "playing around in the waves" at a North Carolina beach when he felt something bump into his left calf.

"I thought it felt like a big fish, and I started moving away," Treschl said in a video released Tuesday night by the New Hanover Regional Medical Center.

"And then the shark bit my arm - off."

The 16-year-old from Colorado Springs, Colorado, was one of two young people attacked by sharks in North Carolina on Sunday. Both he and 12-year-old Kiersten Yow of Asheboro survived, but with serious injuries.

Treschl's left arm was amputated below the shoulder, according to information released by the New Hanover Regional Medical Center in Wilmington, North Carolina, where he is being treated.

He was in good condition Tuesday, hospital spokeswoman Martha Harlan said.

A little more than an hour before Treschl was attacked and about two miles away, Yow lost her left arm below the elbow and was injured in the leg.

Authorities do not know if they were attacked by the same shark.

Yow was in stable condition Tuesday at N.C. Children's Hospital at the University of North Carolina, according to a statement from her parents, Brian and Laurie Yow.

"She has a long road to recovery that will include surgeries and rehabilitation, but her doctors at UNC expect she will keep her leg, and for that

we are grateful," they said, appealing for time to deal with the trauma privately.

Immediately after he felt the shark rip his arm off, Treschl said he was able to make it back onto the beach at Oak Island with the help of his

He said another teen had a belt that he used as a tourniquet to stop the bleeding, while others "were all helping me kind of stay calm until the ambulance got there."

Asked if he ever saw the

shark, Treschl said he felt it

"We were just playing around in the waves, and I felt a hit on my left calf," he said in the video.

"That was the first time I saw it, when it was biting up my left arm."

The paramedics said they were stunned by two calls coming so close together in just one day.

THE ASSOCIATED PRESS

PUBLIC SAFETY

Shark population up around U.S.

Federal wildlife protections are helping sharks rebound, but they aren't the sole reason for the uptick in encounters between sharks and humans. Expanding human populations and growing use of beaches are major factors too, scientists say.

Recent shark attacks in North Carolina and Florida have made headlines as the summer beach-going season gets into gear. Such attacks have become more common in recent years — the Florida Museum of Natural History's

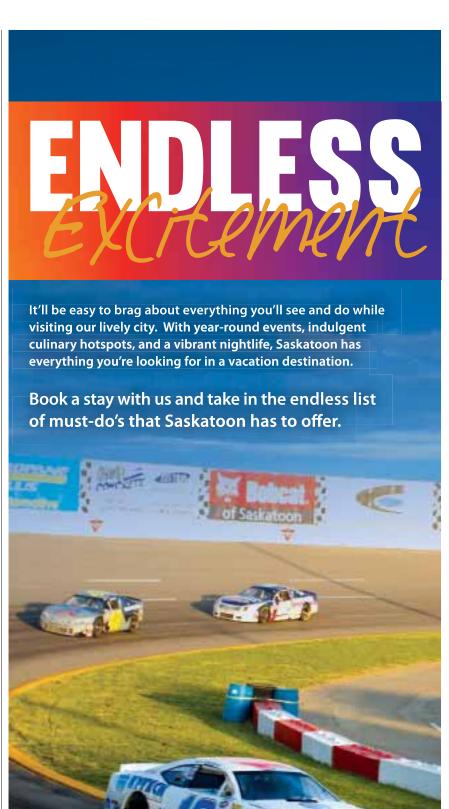
International Shark Attack File says the number of unprovoked shark attacks has grown in every decade since the 1970s.

Shark researcher George Burgess, who publishes the file, said this decade is almost certain to set a record for shark

"The fact of the matter is, while shark populations rebound and hopefully come to where they once were, the human population is rising every year," Burgess said. "We're not rebounding, we're just bounding." Americans made 2.2 billion visits to beaches in 2010, up from 2 billion in 2001, according to a U.S. Army Corps of Engineers estimate. A spokesman for the American Shore and Beach Preservation Association said the figure is likely still rising because of the improving economy.

Populations of some shark species have grown due in part to conservation efforts, such as a U.S. law that prevented the hunting of great white sharks. THE ASSOCIATED PRESS

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Business | metr®NEWS **10** Thursday, June 18, 2015

IATA scraps carry-on bag plan

TRAVEL

Global airline group hoped to impose new size restrictions

A global airline association said Wednesday that it was scrapping its recommendation to reduce the size of carry-on bags for air travellers after an "intense" response in North America.

The International Air Transportation Association (IATA), a Montreal-headquartered trade group whose members represent nearly 85 per cent of total air traffic, said it is cancelling its proposal after "significant concerns" were raised in North

This is clearly an issue that is close to the heart of travellers. We need to get it right," IATA senior vice president Tom Windmuller said.

The group recommended last week that airlines require carryon bags to be 20 per cent smaller than what major U.S. carriers currently permit, saying that would allow for more space.

Two U.S. senators criticized the idea, saying it would require passengers to pay more and buy new luggage. A top U.S. airline group that includes the world's three largest air carriers - American, Delta and United — also formally came out against the proposal.

The current maximum carryon size, depending on the airline, ranges from a length of 56 to 60 centimetres, a width of about 36 to 46 centimetres and a depth of 23 to 41 centimetres.

The airline groups suggested standardizing the permitted carry-on size to 55 by 34 centimetres and a depth of 19 centi-

IATA insisted that was merely

a recommendation, not a requirement, as each airline decides the maximum size of carryon luggage on its own.

When announcing the recommendation the group had said the smaller size would help avert the problem that travellers commonly face when a plane cabin runs out of storage space by the time all the passengers board.

Many international airlines already have agreed to adopt the proposed policy, including Air China, Azul, Pacific, China Southern, Emirates, Lufthansa and Qatar.

But Delta Air Lines came out against the proposal earlier this

"Delta has no plans to reduce the size allowance for carryon bags, and we are concerned IATA called for a change without input from airlines," the Atlanta-based airline said in a statement Tuesday.

'Our focus and investment in the carry-on experience have been on installation of larger bins on domestic and international aircraft, and will continue to be on delivering the reliable bag service. THE ASSOCIATED PRESS

KERRY SHERIDAN/AFP/GETTY IMAGES FILE PHOTO



Tom Windmuller, senior vice president at IATA, holds up an example of the group's ideal size for passenger carry-on bags during the organization's annual general meeting in June.

This is clearly an issue that is close to the heart of travellers. We need to get it right.

Tom Windmuller, IATA senior vice president

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Starbucks to close La Boulange cafes

Starbucks will close all of its La Boulange cafes by the end of September.

It bought the bakery chain in 2012 to address customer complaints about an uninspiring menu.

The company said there has been strong growth in food sales since the \$100 million acquisition three years ago, but that running the 23 La Boulange restaurants, which are mostly found in San Francisco, is no

longer sustainable.

Starbucks will also shutter two manufacturing plants that supplied La Boulange and an Evolution Fresh retail store in San Francisco.

La Boulange food will still be available at Starbucks in the U.S. and Canada.

Shares of Starbucks Corp. reached an all-time high of \$53.14 on Tuesday and edged higher before the opening bell Wednesday. THE ASSOCIATED PRESS



Although Starbucks announced the closure of its 23 bakeries, La Boulange treats will still be available at Starbucks locations across the U.S. and Canada. GENE J. PUSKAR/THE ASSOCIATED PRESS FILE

Developer forecasts seniors' home surge

Canada is in store for a seniors' retirement home construction boom to accommodate a surge in the number of aging baby boomers, and those building the facilities say they'll include all the boomer-friendly comforts and conveniences of home.

Luc Maurice, a Quebec developer who's spending \$1 billion on new projects, is looking to double the number of units he operates in Quebec. And he expects at least \$3 billion a year will need to be spent across the country to build and upgrade retirement facilities.

"It's not about waiting to die," he said when describing what seniors are looking for in today's retirement homes.

Quebec is Canada's leader in retirement housing, accounting for about half of 2,794 residences with 224,342 rental units available for seniors 75 years and older, says a 2015 report from Canada Mortgage and Housing Corp. released Wednesday.

Ontario's retirement rental numbers are smaller because residents prefer home ownership and the province's roots is in more costly assisted living.

Canada's seniors' population is expected to double over the next 21 years to 10 million. By 2036, one quarter of Canada's population is forecast to be 65 and older. THE CANADIAN PRESS



Botox-maker purchases U.S. pharmaceutical firm

Botox maker Allergan is buying Kythera Biopharmaceuticals for \$2.1 billion, adding an injection that reduces "double chin" to its portfolio of products. The Dublin drugmaker will pay \$75 per share in a cashand-stock deal for Kythera, based in Westlake Village, California. THE ASSOCIATED PRESS

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Your essential daily news

Thursday, June 18, 201!

CHANTAL HÉBERT: ON ELECTORAL REFORM



For the first time, two of Canada's three main national parties are about to run on a commitment to do away with the first-past-thepost voting system.

The Liberal conversion to electoral reform is both a reflection of the party's diminished circumstances in the House of Commons and — potentially — a watershed moment in Can-

adian electoral politics.
For the first time, two of Canada's three main national parties — the NDP and the Liberals — are about to run on a commitment to do away with the first-past-thepost voting system to conduct federal elections.

They may not agree on the fine print. The New Democrats have long championed a mixed proportional system and the Liberals tend to be partial to a preferential ballot. But they are on the same general page.

On Tuesday, Justin Trudeau pledged to introduce a new voting system in time for the 2019 election.

The New Democrats have advocated a more proportional voting regimen for decades.

With the Green party on side, the blocks of a large parliamentary consensus on electoral reform are falling into place.
It took a change of heart

on the Liberals' part to

bring that about. Such a change would have been unthinkable back when the party, under Jean Chrétien, was riding high and reaping the benefits of the first-past-the-post system against a divided

Even after they lost power to Stephen Harper's Conservatives a decade ago, the Liberals continued to believe that the normal swing of the pendulum would inevitably see them back in power.

Three lost elections later. they are at least as likely to remain in third place as to form a government this

Implicit in the party's shift on electoral reform is a Liberal admission that the NDP's competitive position is not a mere blip but rather a feature that it will have to adapt to.

In a three-way battle, the current winner-take-all-system favours the Conserva-

That conclusion is only belatedly dawning on Tru-

deau's party.

It has been more than three decades since the Liberals last won a governing majority against a united Conservative party.

Even with the wind in their backs, the New Democrats would also be hardpressed to eke out a majority in October.

Win or lose next fall, electoral reform may offer both parties the best alternative to a merger at some point down the line, and — more importantly in the big picture for each of them — their best shot at preventing the Conservatives from becoming Canada's de facto governing

Trudeau's democratic reform package may not do much to turn the tide in his favour. Paul Martin and Michael Ignatieff tried and failed to impress voters with measures to fix the socalled democratic deficit in Parliament.

The excitement that electoral reform inspires among voters tends to be inversely proportional to the hype that surrounds the issue within the chattering class.

In the provinces where a plan for a different system was put to voters, the status quo prevailed.

But the expanding com-mon ground between the opposition parties on electoral reform should be cause for concern for the Conservatives.

They would — at least initially — be the losers of a switch to a different electoral system. The division in the opposition vote has long been a key ingredient

In a three-way battle, the current winner-takes-all system favours the Conservatives.

of their election victories It allowed Brian Mulroney to win a second majority mandate and the 1988

free trade battle. Under Stephen Harper, a divided opposition vote has become even more essential to Conservative fortunes.

He is about to lead the party in his fourth election campaign as the incumbent with a persistent shortfall in support and precious little room to grow.

In a preferential voting system — where the second and third choices of voters are applied in each riding until a candidate reaches 50 per cent plus one — Harper's re-election bid would be dead on arrival.

Alternatively, under a mixed proportional system, securing a majority government on a bit more than a third of the votes cast would become a thing of the past. Coalition building would not come easily to the take-no-prisoner party that Harper has rebuilt in his image.
Should the NDP or the

Liberals or a combination of both prevail next fall, they would have a common interest in following up on electoral reform.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

The world's believers have a moral duty to care for the earth

Pope Francis is donning a Captain Planet image — the environmental superhero taking pollution down (if not to zero).

In his most highly anticipated papal teaching to date, the Pope will today call on the world — not just Catholics like me — to act now to avoid "unprecedented destruction of the ecosystem," based in part on a moral obligation to care for God's

creation. It's a claim that won't make him any friends among the faithful who either don't believe in climate change, or don't buy into such a moral obligation. And for those in the environmental movement, it may seem criminally

late in coming.

But Francis is far from the first — and far from alone in arguing the environmental implications of faith.

The Dalai Lama tweeted this week that we need to "develop a sense of the oneness of humanity" in the face of climate change and global economic woes. More than 300 rabbis have signed a letter arguing for "a world of shared, sustainable abundance — eco-social justice."

"The concept of steward-ship on Earth is a shared belief" of all faiths, an imam with the Islamic Society of North America recently told Time magazine.

At the Forum on Reli-

VICE PRESIDENT & EDITOR Cathrin Bradbury

MANAGING EDITOR WIN Elisha Dacey

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gion and Ecology at Yale. co-founder John Grim and others have spent two decades retrieving the ecological teaching of the world's religions — from Hinduism to indigenous faiths - and

interpreting them for today. Grim sees this as a pivotal $moment-the \ first \ time \ a$ pope has been this pointed on the environment. It could even spur an interfaith environmental movement, he mused (despite inevitable pushback from the Jeb Bushes of the world).

Francis chose to be named after Francis of Assisi — known as the patron saint of ecology and revered for his love for nature and animals.

We may deem it radical for the Pope to say, as he does in a leaked draft, that the earth "is protesting for the wrong that we are doing to her, because of the irresponsible use and abuse of the goods that God has placed on her" but that only shows how leaders and followers alike have ignored teachings inherent in our faith.

"The separation between religion and science has been so strong," Grim noted.

And it's well past time that ended.

We — the world's six billion or so believers — are natural allies of the environmental movement. Time to take Francis' lead, and act like it.



THE MICROTREND: The trouble with spring break

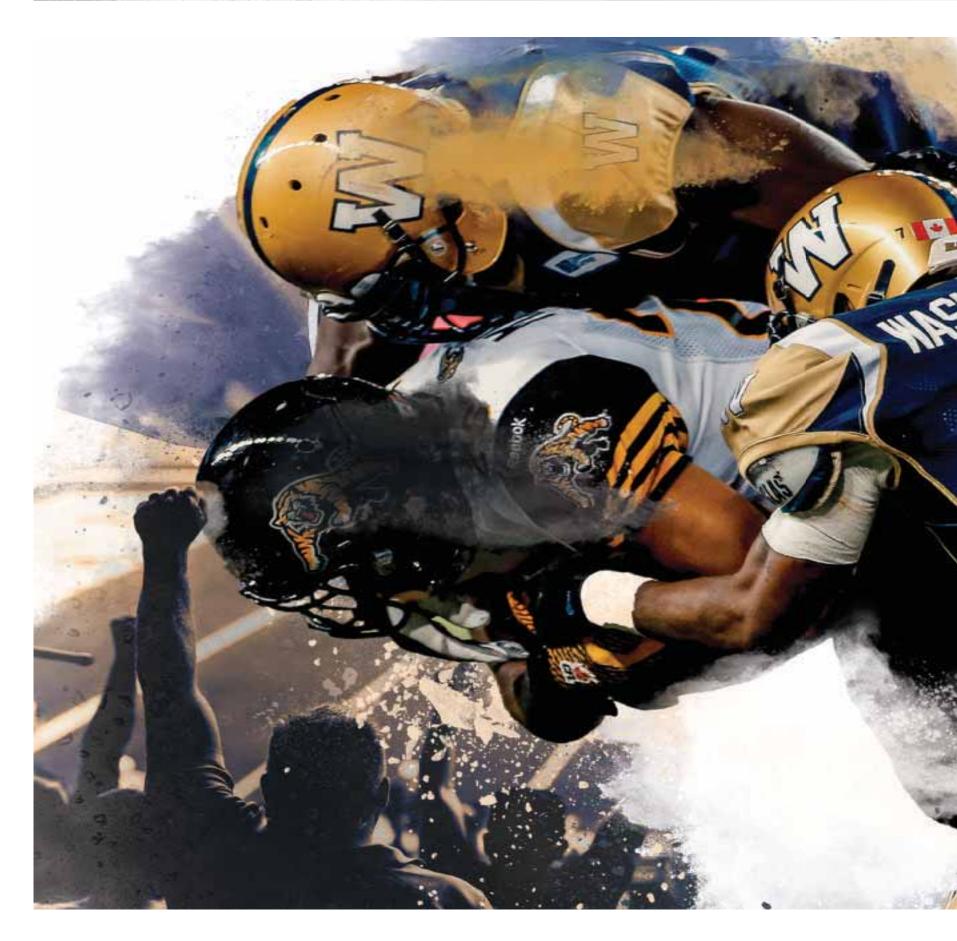


Spring: the season for birds chirping, flowers blooming and ... teen pregnancy? A

five-year study of 838 pregnant teens at an Ontario hospital found a "persistent" increase in conceptions every March. March break shenanigans are the obvious culprit, but one of the culprit, but one of the researchers says teenagers who couple up early in the school year are getting "serious" by spring. Adults, on the other hand, most often get pregnant in December — a testament to the power of eggnog and holiday cheer. DURCE: THE NATIONAL POST

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Your essential daily news

Lana Del Rey posts sample of new album Honeymoon on Instagram



'Stud mentality' among guys on Tinder horrifies the comedian

Lakshmi Gandhi Metro in New York

Fans who have closely followed former Parks and Recreation star Aziz Ansari's stand-up career have surely noticed that the comic has taken a serious turn in recent years. Gone are the cute stories about his cousins and the monologues on basic cable dramas.

Instead, the 32-year-old NYU grad has been focused on deeper questions: What is

love? Is there such thing as a soulmate? And, most important of all, why hasn't he or she texted me back?

Co-written with sociology profes-sor Eric Klinenberg, Modern Romance explores all of those questions and more, in an extensively researched journey that took the pair around the world as they assessed different dating profiles and wacky online dating messages. (Note to all of the guvs out there, first messages that simply say "Yo" or "Hey" aren't par-ticularly well received.)

We've rounded up the

top three lessons we learned from Ansari's travels.

Too many choices really are overwhelming

Unlike a crowded bar, "online there are no lonely corners," the comedian writes. "Every-where is filled with people looking to con-nect." Despite that, daters everywhere are constantly rejecting people.

The comedian memorably sits down with a twentysomething named Derek who, he notes, "isn't unattractive... but wouldn't necessarily turn heads at a party." Ansari then watches in horror as Derek swipes no on several attractive, interesting women who had messaged him online. "He didn't strike me as a stud," he adds, "but wow, when you watched him comb through those profiles, he had a stud mentality."

Remember the person on the other end is a person

Because so much of the modern search for romantic partners occurs on our phones, it's easy to forget you are talking to a person with feelings.

Ansari is disturbed by how easy it is to completely dismiss someone—especially now as breaking up via text becomes increasingly more common.

The quality of your dates is more important than the quantity

Back when Ansari was single in New York a few years ago, he had something of a revelation when it came to his single status. He and his friends "were consistently choosing to meet as many people as possible instead of investing in a relationship." Because this method obviously wasn't working for him, he decided to revise his approach to looking for love.

"What I found was that a first date that was a six was usually an eight on a second date," he writes. "I knew the person bet-ter and we kept building a good rapport together."

The lesson here? Maybe next time give that nice guy or girl you met online a second chance. It could change the course of your love life.







Beastie Boys win legal fees



Adam Yauch, who died in 2012, is shown performing with Mike Diamond and Adam Horowitz in 2004. ALL PHOTOS GETTY IMAGES FILE

LICENSING

Monster is on the line to cover costs after losing lawsuit

The maker of the Monster Energy drink must pay \$668,000 of the Beastie Boys' legal fees after the rappers chose to win at all costs in their copyright violation trial, a decision that resulted in a \$1.7 million jury verdict in their favour, a judge says.

U.S. District Judge Paul Engelmayer wrote in a ruling Monday that his review of the band's legal bills suggests

that

the "Beastie Boys opted to pay for, and received, the Cadillac Escalade, not the Honda Civic' of legal representation.

He said his attorney fee award fell short of the \$2.4 million sought from Monster, but was still enough for the band to come out ahead by more than \$532,000 above its reasonable costs.

Last June, the Beastie Boys won their verdict from a federal jury weighing the value of five songs used by Monster without authorization in a video.

Engelmayer wrote that the lawsuit brought by two surviving Beastie Boys and the wife of deceased band member Adam "MCA" Yauch resulted in a hard-

fought legal

match."

"Monster's commercial exploitation of the band's music and songs, and what the Beastie Boys perceived as Monster's crass misappropriation of the name of the recently deceased Yauch in its video promoting its energy drinks, appeared to have deeply offended plaintiffs.'

Yauch died of cancer in May 2012 at age 47. The judge said Beastie Boys' band members Adam Horovitz and Michael Diamond approached the case "with special zeal," testifying that as a matter of principle they have not licensed their music for product advertisements and would have turned down Monster if it had asked for permission.

THE ASSOCIATED PRESS

Harry Styles and yet another model

IN HOLLYWOOD Ned **Ehrbar**

Ah, to be young, rich, famous and affably floppy-haired. Must be nice. Though Harry Styles spent much of the first half of this year romantically linked -by anonymous sources, at least

to Victoria's Secret model Nadine Leopold, he's that outfit?

apparently now more interested in one of her colleagues. Fellow model Sara Sampaio (pictured) joined Styles for a dinner date in New York recently that allegedly turned into a slumber party. "She came over to his hotel. They grabbed dinner. Hugged and kissed goodbye," a remarkably Hemingway-esque source tells

> "Then she came back and slept over. She left at 11 a.m. in the same clothes." Maybe she just really, really liked

GHOSTBUSTERS

Who you gonna call? Not Emma

Emma Stone confesses to WSJ Magazine that she passed up the chance to be on the new all-female Ghostbusters team led by Kristen Wiig and Melissa McCarthy. Excuse me?

The script was really funny. It just didn't feel like the right time for me. A franchise is a big commitment — it's a whole thing," she says. "I think maybe I need a minute before I dive



All bets appear to be on Damian Lewis

Man, Daniel Craig must be getting tired of everyone always talking about when he's going to be done with playing James Bond.

First there was all that Idris Elba talk, now this: A British bookmaker says the best odds at the moment are on Homeland star Damian Lewis being tapped as the next 007, according to the Telegraph.

"Bets have been placed on him succeeding Daniel Craig. This is an unprecedented gamble, as for no apparent reason we have seen bets up to £200 on Damian Lewis being named as the next James Bond. This might well be significant," William Hill tells the newspaper.

"Damian Lewis hadn't seen interest in the betting until this weekend, but an abso-

lute landslide in bets has forced us to cut the odds."



Damian Lewis

Sure, but if he gets the part does that mean all the films will be about whether or not we can really trust him?









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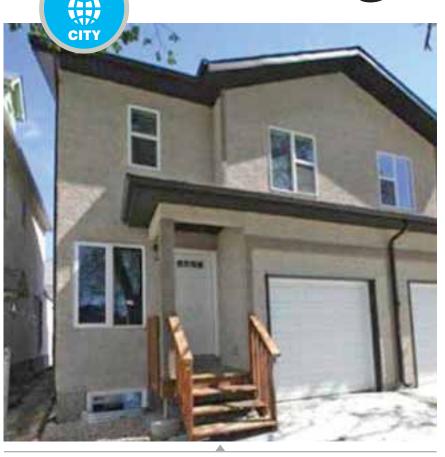
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Your essential daily news

Classic blue and white hues are inspiring the latest interior design trends



Semi-detached, single-altached, risk. Side-by-side — two homes joined by a wall down to middle are known by different names across Canal Here's a look at three-bedroom, resale semis that make great starter homes. Duncan McAllister FOR METRO side-by-side — two homes joined by a wall down the middle are known by different names across Canada.





\$599.000

Toronto

This west-end home boasts many upgrades, such as a custom-designed kitchen with granite countertops, hardwood floors and crown moldings. There's also two new bathrooms, a new gas furnace, thermal windows, a stainless-steel fridge, stove, built-in dishwasher, finished basement with in-law suite with a separate entrance, laundry room and doublecar garage. The house is close to transit, schools and parks. John Marques is a salesperson with Re/Max Ultimate Realty Brokerage, 416-656-3500.



\$299,900

Halifax

This well-maintained house north of downtown Halifax that has been built by a reputable developer features bright, open rooms, a spacious eat-in kitchen, large deck and backyard. There are hardwood floors in the living and dining rooms, a powder room on the main level, and the master bedroom has a three-piece ensuite. The lower level has a rec room, laundry, and a garage with a small work area. The driveway has room for two cars. Listing agent is Sandy Rutledge from Domus Realty, 902-497-5500.



\$399,000

Ottawa

Here's a fully renovated, semi-detached home in the trendy downtown neighbourhood of Hintonburg. The house is just one block away from great shops on Wellington Street, and a five-minute walk to rapid transit. Recent updates include a gas furnace, new windows, doors, and flooring, as well as the main roof. This home would be a good opportunity for first-time buyers to move into this hipster 'hood, says Kerry Milican, sales representative with Royal LePage Team Realty, 613-290-

\$1,448,000

Here's a bright and sunny, two-storey, side-by-side at 49 Wiltshire Bay, a quiet street in Wind-

sor Park. The pie-shaped lot offers a large, fenced-in backyard, with access to a rear pathway

and a large storage shed. In a convenient location for getting around the city, the house

includes a fridge, stove, dishwasher, washer and dryer, and a finished basement with a rec

vious owners. Holm is an associate with Sutton Group Kilkenny Real Estate, 204-475-9130.

room. Listing agent Blair Holm says the house has been well maintained by current and pre-

Vancouver

Here's a high-quality house in Central Lonsdale, North Vancouver's hot spot, with new stores and restaurants, quaint coffee shops and other amenities within walking distance. The home offers a spacious, open floor plan, with soaring ceilings, a large kitchen, and a family room that opens out to a deck and fenced private yard. A school is around the corner, as well as parks and playgrounds. Listing agents Paula Vendargon (604-626-1649) and Colin Vendargon (604-984-9711) are associates with Royal LePage Sussex Real Estate.



\$329,900

Edmonton

Here's a turnkey, move-in ready home in a family-oriented community. It's on a quiet street next to walking trails and with close access to schools, shopping, and the new Meadows Recreation Centre. The house features many upgrades, include new carpet, wide laminate flooring, new blinds throughout, granite countertops, and a new upstairs bathroom. There's a south-facing backyard with a deck and a double garage. Beverley Hasinoff is a sales representative with Liv Real Estate,



Winnipeg

metr

Thursday, June 18, 2015

17

DAD'S DAY

Father's Day is

this Sunday!

Stylish outdoor gifts for Dad

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From gardening to cooking to entertaining,

Dads love to take part in the great outdoors (or at least the backyard). Here's a roundup of stylish he-gifts that will make him want to stay outside the rest of the summer!

1 Bollard Oil Lamp
Add nautical flair to the deco or dock and light Dad's path to style. \$150, DWR.com

2 Palram Plant Inn
Paint Dad's thumb green with a mini greenhouse and garden storage unit. \$298, Walmart.ca

3 The Canadian

4 Thermashell Pro Kamado Turquoise Grill
Give him the thrill of the grill this year with the most stylish one on the market. \$2,900, Frontgate.com

5 Pizzacraft PizzaQue
Propane Pizza Oven
Bravo Papa; perfect pizza at home!
\$300, CanadianTire.ca





Mulch that is low maintenance, saves moisture and smothers weeds surrounds a downsized lawn in Langley, Wash. DEAN FOSDICK/THE ASSOCIATED PRESS

OUTDOORS

Smarter gardening cuts time-sucking routines

Too many plants, too little time? A lot of unnecessary effort can be weeded out with some time- and energy-saving shortcuts, from plant selection to better tools.

"I realized one day that I was becoming a slave to my plants," said Kerry Ann Mendez of Kennebunk, Maine, author of The Right-Size Flower Garden (St. Lynn's Press, 2015). "I was working harder for them than they were working for me."

So she made some decisions. "I had some hydrangeas that had been constant bloomers but they were water hogs," she said. "I'm using different hydrangeas now that require

less than half the amount of water the old ones did."

Plants are not your children or pets, she said. "If they're not performing up to your standards — if they take too much time and effort — don't make any excuses for them. Tear them out. Take them away."

Here are ways to garden smarter:

- Use native plants. With natives, you don't need to water and there's no fertilizing, Mendez said. Little or no handholding is required, and they're important for bio needs, like attracting pollinators.
- attracting pollinators.

 Mulch. "People are doing more with mulch," Mendez said, "especially multi-purpos-

ing, nutrient-rich mulches that can energize plants while reducing water evaporation from the soil. Ground covers also help by discouraging weeds and providing a tapestry of foliage and flowers."

- Plant shrubs and ornamental trees. "Woody plants require much less maintenance than perennials," Mendez said.
- Downsize. "Eliminate some of that mowing and weeding," said Brooke Edmunds, an Oregon State University extension horticulturist. "Plant using lawn mixes that work even if they're not as frequently mowed. Use perennials more than annuals."

THE ASSOCIATED PRESS







The Kopansky men pictured during their motorcycle trip. CONTRIBUTED

Three generations burn rubber across two continents

A FAMILY THAT RIDES TOGETHER

The trip of a lifetime from Toronto to Brazil on bikes

Jaclyn Tersigni For Metro

Metro Kopansky has ridden motorcycles for 71 years.

In 1946, he rode his Indian bike from Selkirk, Man., to begin anew in Toronto. He used to race on dirt flat tracks, until a crash in 1959 took him out. He once rode on the "wall of death" — a wooden cylinder, where audiences watch riders perform on a vertical wall — in a travelling circus.

"I bought my first motorcycle when I was just turning 16," he said.

More recently, the 86-yearold rode his Goldwing motorbike from his Bancroft, Ont-area home to British Columbia and back — solo. But no trip compares to the one he took last year.

With his son and two grandsons in tow, Metro rode all the way to South America.

"I told my wife, 'I'm going to Brazil on my bike.' She said 'You're crazy.' I said 'I know.'"

Metro, Mike, Matthew and Mitchell — three generations of Kopansky men, ranging in age from 23 to 86 — crossed 15 countries and two continents by motorcycle, on a 45-day adventure from Toronto to São Lourenço, Brazil.

"My friends told me I'd never

live through Mexico, that we'd get killed before we got through," Metro said.

"Everyone said we were crazy; we weren't going to make it," added Mike, 53.

There was the question of age (Metro was 85 at the time). There was also the question of experience; the youngest Kopansky hadn't clocked much road time.

"I had done some riding at the cottage on a dirt bike," said Matthew, 25. "For a family reunion, we drove to Winnipeg. That was the first time I drove a bike on the street ... the second time was when I went to Brazil."

The timing worked well for all. Metro is retired. Matthew had graduated from university, Mitchell took a semester off. Mike, a senior manager at Miller Waste Systems in Markham, Ont., had been approved for six weeks vacation. He handled most of the planning — including buying BMW motorcycles, arranging for donated heated undergarments from Gerbing, and route mapping. On Feb. 3, 2014, with four inches of snow on the ground, the group set off.

There were early snags: Metro couldn't find his passport, buried in his things, at the U.S. border. "I looked at the (officer) with my sad eyes and said 'I'm an old man," Metro said.

There was an unlikely snowstorm in Alabama, a bout of pneumonia for Metro, and a spill on a Mexican highway by Matthew.

"You're riding over 18,000 kilometres. Stuff is going to happen," Mike said.

"I think the whole trip was glorious because every day was different," Metro added.

He recalls a moment in Texas, when Matthew debated going home. "I said 'Matthew, you get one chance in your lifetime."

The ride continued, through Belize, Guatemala, Honduras, Nicaragua, Costa Rica, Panama, Columbia, Ecuador, Peru, Chile, and Argentina. They updated friends, family and followers on a Facebook page they created called, aptly, "2 Continents, 3 Generations." They made one-day and two-day-long stops — snorkelling in Belize, exploring ruins in Guatemala — but otherwise covered anywhere from 200 to 900 kilometres daily.

"We had some days where we rode hard and made 850 kilometres and other days we rode hard and made 250 kilometres," Mike said. "It just depends on the road conditions, border crossings ... we were off for a whole day at a road block in Guatemala."

There are a novel's worth of stories — including friendly Mexican police escorts, an encounter with a Polish man riding his bicycle around the world, and Metro occasionally taking off solo.

"My dad had it in his mind that he was going to ride the way he wanted to, at the pace he wanted to do it at and be damned everybody else," Mike said.

"I've rode for 70 years and these young guys are trying to tell me that you can and can't ride like this. It was pretty hard to take," Metro said. "Maybe we should listen to granddad a little bit more."

The trip concluded March 20, 2014, when they arrived in São Lourenço, Brazil, home to Joelis Sanches, a close friend of Metro's. "Him and my dad are very similar characters in terms of loving motorcycles," Mike said.

"Motorcycles and women," Metro added, happily married for 61 years to wife Sylvia, with whom he raised eight children.

The plan was to fly, not ride, back to Canada. Things changed for Metro.

"I never fly back on my trips. When I start an adventure, it's a challenge for me," Metro said.

The kids flew home, while Metro stayed in Brazil for a few months. To his family's dismay, he decided he would ride home.

"I did not support my father riding back alone and told him I would not give him my GPS and mapping to get back if he tried it," Mike said.

He tried and succeeded, riding with Luis, a new friend and fellow motorcycle enthusiast. They arrived on home territory July 11. Metro had been away for five months.

Matthew said the trip brought him closer to his grandfather.

"We have such a big family," he said. "As much time as you spend with your grandparents, you don't really get that alone time. It was great to talk to him, get to know him, hear all his stories."

"I think it was a bit of an eyeopener for my boys to see some of his quirkiness and personality," Mike said. "My dad's an unbelievable guy, an unbelievable adventurer and not afraid to take chances and risks."

Metro will be 87 in September and is plotting another motorcycle trip to Winnipeg this summer for a family reunion.

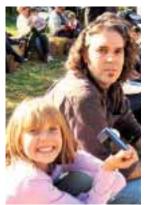
"I still feel young," he said.

Raising children on their ow

Single dads talk about parenting

Jacqueline Kovacs For Metro

Single fathers reveal some of the greatest rewards and challenges while raising their kids



Scott Gardner. CONTRIBUTED

SCOTT GARDNER, TORONTO, FATHER OF A 16-YEAR-OLD WHEN DID YOU FIRST

REALLY FEEL LIKE A FATHER?

Around the four- to six-month point I started to really feel like this was another person, and I was the big person looking after the little person.

WHAT WOULD YOU SAY IS THE BIGGEST CHALLENGE **ABOUT BEING A SINGLE FATHER?**

Loneliness — not just in the personal sense of too much time alone in front of the TV after my kid was in bed (though that was a factor). For a long time, I really felt the absence of a day-to-day parenting partner — someone to talk to and collaborate with on the hundred little day-to-day things that come up with kids, both the fun stuff and the difficult stuff.

WHAT DO YOU LOVE **MOST ABOUT BEING** A DAD?

Watching someone learn and grow and go from this helpless infant over the years and just becoming someone who is just a really interesting and

surprising person. WHAT ADVICE DO YOU **HAVE FOR OTHER SINGLE FATHERS?**

When they're younger, creating routine — eating at roughly the same time, little relaxing story at bedtime — that really helps you survive. And along with that, it's important to look after yourself, too. I think it's harder to mess up your kid than most people think.



Michael Hussey. CONTRIBUTED

MICHAEL HUSSEY, TORONTO, FATHER OF A FIVE-YEAR-OLD WHEN DID YOU FIRST **REALLY FEEL LIKE** A FATHER?

Mika was living with me 24/7 from two months in, so you can imagine the nights. I remember waking up in a sleep deprived, somewhat hallucinogenic state thinking, What's that sound? Oh my God, I have a baby.

WHAT WOULD YOU SAY IS THE BIGGEST CHALLENGE **ABOUT BEING A SINGLE FATHERS?**

Time management and good sleep hygiene. Seriously, there were days at work I was unable to spell my name correctly, and didn't. Oh, and the looks and comments of disapproval from middle-aged women suggesting men were not up to the challenge.

WHAT DO YOU LOVE MOST **ABOUT BEING A DAD?**

So many things: The unconditional love; to be able to provide and embrace that lost sense of home; to slay monsters. That moment when he takes your hand and looks up at you and the world is right, safe. When he catches your gaze after he's completed the half-pipe and you give him the Dale Cooper thumbs-up and his face fills with joy. Those wicked questions and conversations about equal rights, skateboarding and zombies. The gift of being able to nurture an individual that looks on the world afresh and having that individual teach you the meaning of time and wonderment.

WHAT ADVICE DO YOU HAVE FOR OTHER SINGLE FATHERS?

Show up. Be engaged. React as you would have wanted when you were a kid. Don't let your kid be a douche. If you do only one thing, instill manners.



Sean Coen. CONTRIBUTED

SEAN COEN, **NEWMARKET, ONT., FATHER OF 17-, 14- AND NINE-YEAR-OLD** WHEN DID YOU FIRST

REALLY FEEL LIKE A FATHER?

When my first born was born. When I left the hospital, and I remember looking at everybody like they were babies. I looked at a guy with a big long beard, sitting on a Harley-Davidson, and I thought, wow, he used to be a baby. And then I thought, I made one of those. Wow!

WHAT WOULD YOU SAY IS THE BIGGEST CHALLENGE **ABOUT BEING A SINGLE** DAD?

Not having someone to talk to about your worries or stresses at the end of each day. I take things more in stride because now it's three against one.

WHAT DO YOU LOVE MOST **ABOUT BEING A DAD?**

Just the constant interaction between them. When the house is empty, I'm like, what do I do? We go on a lot of hikes together. I really get a huge compliment when people notice how independent they are. My nine-year-old can make an omelette and I've heard other moms say, my God, my nineyear-old can't even make toast.



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The gifts that keep on gi



Ties become outdated and razors get dull, but technology is the gift that keeps on giving. If you want to impress dad this Father's Day, look no further than these tech toys and gadgets.

PICOBREW ZYMATIC — \$1,999.99 US

Give dad the gift of neverending beer. Mix grain, hops and other ingredients to cre-



ate the per-fect brew in this ultimate home brew machine. Connect the Picobrew Zymatic to the Internet and follow hundreds of recipes or use your imagination to create your own unique batch. The possibilities are

МАСВООК — \$1,549 AND UP

Apple's newest laptop is so thin and light you will do a double take the first time you see it. The MacBook features a redesigned keyboard for respon-

sive typing and a new touch pad with sensors to detect how much pressure you apply, giving you new ways to

interact with your Mac. There is also a beautiful retina display. Perfect for dads who need computer power on the go.

METROKANE RABBIT ELEC-TRIC COCKTAIL MIXER - \$24.49

Add flare to dad's bartending. This mixer whips up drinks in seconds using a powerful "tor-nado style" mixing technology. The mixer has a strainer built into the top and can mix more than 100 drinks before needing new batteries.

DEEPER FISH FINDER —

An ingenious device that turns your smartphone into a fish finder. Cast this pocket-sized device out onto the water and watch as it sends information

such as the location of fish, water depth and temperature, bottom contour, and much more, right to your smartphone.

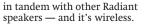
KENYON REVOLUTION GRILL — \$475 US Every dad deserves

to barbecue. This portable grill runs off electricity so it doesn't require messy charcoal or expensive gas tanks. The electric element is concealed, meaning no flare-ups or smoke, making it safe for indoor or outdoor use.

SAMSUNG RADIANT 360 R7 \$599.99

Flood any room in the house with unrivalled sound. Proprietary "ring radiator" technology pushes sound in a 360-degree radius, allowing you to place it just about anywhere, while getting an amazing listening experi-

ence. The speaker can be used on its own, or



LG G4 — \$199.99, WITH CONTRACT (\$699.99, NO CONTRACT)

An impressive smart phone with an even more impressive 16MP camera. Featuring a F1.8 aperture rear lens, the LG G4 lets in more light than other smartphones, making for brilliant pictures, even in low light. A new manual mode gives dad complete control while taking pictures, and the genuine leath-

er backing ages over time, giving the phone a unique look and feel.

CLOCKWISE, FROM FAR LEFT: DEEPER FISH FINDER — \$279.99; MACBOOK — \$1,549 AND UP; KENYON REVOLUTION GRILL \$475 US; SAMSUNG RADIANT \$475 US; SAMSUNG RADIANT 360 R7 – \$599.99; METROKANE RABBIT ELECTRIC COCKTAIL MIXER — \$24.49; PICOBREW ZYMATIC — \$1,999.99 US; LG G4 — \$199.99, WITH CONTRACT (\$699.99, NO CONTRACT).



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DR. HARRIS ALMOND SHAVING SOAP AND OMEGA HOG BRISTLE SHAVING BRUSH \$10.50, AND EDWIN



DOUBLE-EDGE CHROME **RAZOR — \$42** For the dad who likes a nostalgiatinged luxury in

his grooming ritual.

JACK BLACK DOUBLE-HEADER SHAMPOO PLUS CONDITIONER — \$36

A sulphate-free formula that adds strength, manageability and shine.

JACK BLACK BODY BUILD-ING GEL - \$16

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ers long-

lasting control without crunch.

ANTHONY HIGH PERFORMANCE GLYCOLIC PEPTIDE SERUM

Is a light-weight, fastabsorbing, be-kindrewind wonder that hydrates and smooths the skin's surface for a more rested, youthful finish. At Sephora, sephora.ca.

DEAL

GUERLAIN L'HOMME IDEAL COLOGNE -**FROM \$68**

Is a fresh, energetic eau de toilette for him with citrus, almond, musk and vetiver. At select



PHILIPS SONICARE DIAMONDCLEAN **BLACK POWER TOOTH-**BRUSH - \$229.99

Delivers 62,000 brush strokes in two minutes, whitens teeth in seven days and improves

u m health in two weeks. Five modes include one for sensitive teeth, and the high-tech unit comes with a cool glass charger. At Shoppers Drug Mart, Walmart, London Drugs.

AYALA MORIEL VETIVER RACINETTES - \$120

From an inspired Canadian artisan perfume house, is a cool, earthy, aromatic woody composition of natural distillations

from locales including Haiti, Sri Lanka, Surinam and Bourbon. At ayalamoriel.com

EMJOI MICRO PEDI MAN - \$49.99

Is a genius must-have for man-

sandals season. Compact and ridiculously easy to use, it painlessly buffs dry,

rough feet

smooth in seconds. At Shoppers Drug Mart and micropedi.ca.

SAJE PEACEFUL WARRIOR MEN'S **SKINCARE** — \$49.95

Natural exfoliating soap, aftershave toner, moisturizer and deodorant scented with an appealing blend of sandalwood, lime, vetiver and patchouli. At saje.ca.

KENNETH COLE CONNECT **BLUETOOTH SMART TECHNOL-OGY WATCH** \$199

Plus a free corresponding app connects

dad to music, alerts regarding emails, texts and calendar invitations, as well links to his smartphone camera for remote image captures. At Hudson's Bay, thebay.com.

SWATCH GRAND TURISMO MIRE NOIRE \$160

Is a sleek, classic, flies-under-the-radar accent with an ad-

justable brushed and polished stainless steel strap, and graphic black and white face. At Swatch stores, swatch.

ROOTS BANFF TRAVEL KIT PRINCE — \$138

Is a soft, yet sturdy handsome

leather case for all

of dad's favourite toiletries. Roots stores, roots.com.

Ture 15 - 21

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\$100 worth of Gournet,
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Legend of Toews grows

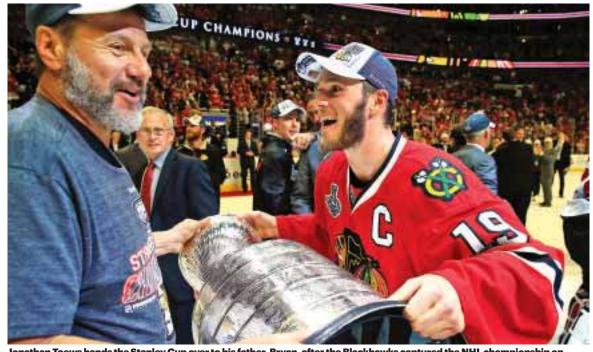


As the NHL and NBA championship series wrapped up this week, summer has officially arrived on the local sports calendar. But before we can get into the crucial upcoming period for the Winnipeg Jets and the dawn of the CFL season for the Winnipeg Blue Bombers, we have to recognize the growing legend of Winnipeg's Jonathan Toews.

The Chicago Blackhawks put the finishing touches on a third Stanley Cup championship in six years Monday and once again it was St. Vital product Toews receiving the trophy from Gary Bettman at centre ice.

Toews, at only 27, is already the most decorated player of his generation. Adding a third Stanley Cup ring to his collection to go with his two Olympic gold medals and two world junior golds puts him into the rarefied air of the greatest captains and champions in all of professional sports.

The debate on the best player in the NHL right now is always an interesting conversation. There are a few names legitimately in the conversation, but there is little doubt if you are focused on a 200-foot game, skill, leadership and the ability to come up big in the most important moments, that Toews



Jonathan Toews hands the Stanley Cup over to his father, Bryan, after the Blackhawks captured the NHL championship on Monday night in Chicago. TASOS KATOPODIS/GETTY IMAGES

is at the top of the list.

Jonathan Toews now has three Cup rings, as well as a lake and a community centre named in his honour. Time will tell how this collection will grow, but there will be a spot in the Hockey Hall of Fame awaiting him when he hangs up his skates in the

Winnipeg Jets fans can only hope the next time the Stanley Cup makes its way to

Toews won the Conn Smythe Trophy in 2010 when he was just 22

Winnipeg it is not courtesy of the captain of the Chicago Blackhawks.

Speaking of the Jets, the next couple of weeks will be packed with news on the local club as well as the NHL as a whole. With many pending free agents on July 1, and two first-round picks in the upcoming draft, what transpires over the next few weeks will be critical in shaping how the team looks next season and into the future. Next week in this space I will focus on the draft weekend for the Jets as we head to Florida to cover the annual proceedings.

Finally, Bomber fans get their first chance to see the new-look Blue & Gold this week at IGF as they conclude their CFL pre-season schedule at home against Hamilton. With so many new names in camp, many positional battles will be won and lost Friday. Kyle Walters and Mike O'Shea have some crucial roster decisions to make before the season kicks off in Saskatchewan on June 27.

IN BRIEF

Cards lawyer says execs not involved in hacking

An attorney for the St. Louis Cardinals says executives of the team were not involved in the hacking of the Houston Astros' player personnel database.

The Cardinals hired the Dowd Bennett firm to handle an internal inquiry several months before this week's disclosure that the FBI is investigating whether the team hacked into the Astros computer system.

Jim Martin, an attorney for the firm, tells The Associated Press he is "100 per cent confident" the case does not involve people like Cardinals general manager John Mozeliak and Chairman Bill DeWitt.

THE ASSOCIATED PRESS

Champs touch back down in Golden State

The Golden State Warriors are back in the Bay Area as NBA champions for the first time in 40 years.

With more than 100 team employees in yellow and blue shirts cheering them outside a private terminal, the Warriors were welcomed back to Oakland on Wednesday with the Larry O'Brien Trophy in hand. The team spent Tuesday night in Cleveland after beating LeBron James and the Cavaliers 105-97 in the Game 6 clincher.

Regular-season MVP Stephen Curry came off the plane first, lifting the gold title trophy. THE ASSOCIATED PRESS

Canada to face Switzerland in knockout phase



Colombia's Tatiana Ariza, left, and England's Fara Williams vie for the ball on Wednesday in Montreal. England won 2-1.

PAUL CHIASSON/THE CANADIAN PRESS

Canada will have to get past Switzerland in the round of 16 at the Women's World Cup, in the process ending a 10-game winless streak against European opposition at the soccer showcase.

The Canadians came into the tournament having lost all nine previous World Cup meetings with teams from Europe. On the plus side it tied the Netherlands 1-1 in its final round-robin game in Montreal, conceding the tying goal in the 87th minute.

Canada, which finished atop Group A, will face the Swiss,



Marie Delie scored off a header 34 seconds in and France routed Mexico 5-0 to win Group F. Also Wednesday, England beat Colombia 2-1, Brazil got by Costa Rica 1-0 and South Korea defeated Spain 2-1.

third in Group C, on Sunday at B.C. Place Stadium. The winner will meet No. 6 England or No. 11 Norway in the quarter-finals.

The Swiss (1-2-0) are ranked 19th in the world, compared to No. 8 for Canada (1-0-2).

No. 7 Brazil faces No. 10 Australia and No. 4 Japan meets the 12th-ranked Netherlands in the other round-of-16 knockout games on Canada's side of the draw.

On the other — tougher side of the draw, it's No. 16 China versus No. 53 Cameroon, the second-ranked U.S. versus No. 28 Colombia, No. 1 Germany versus No. 5 Sweden, and No. 3 France versus No. 18 South Korea. THE CANADIAN PRESS



If I could have gave more. I would have done it, but I gave everything I had.

LeBron James after Tuesday night's loss in Cleveland. James finished with 32 points, 18 rebounds and nine assists in Game 6.

20

40

RECIPE Thai Coleslaw



Rose Reisman rosereisman.com

This bright and sweet coleslaw will be the hit of your next summer celebration. Makes eight servings.

Ready in

Prep time: 15 minutes

Ingredients

- · 3 cups thinly sliced green cabbage
- · 3 cups thinly sliced red cabbage
- 1 cup sliced snow peas
- 1 cup sliced sweet red peppers
- 1/2 cup chopped green onions
- 1/3 cup dried cranberries
- 1/3 cup diced dried apricots • 1/3 cup light coconut milk
- 1/3 cup chopped
- fresh coriander

- 18. Disposed tion offer

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41. Drive

42. Orbital point

43. Liquid dish

46. Keats spe-

47. Lady's pro-

soap brand

45. Fit

cialty

1. In a large bowl, stir together cabbages, snow peas, red peppers, green onions, cranberries and apricots.

2. In a small bowl, whisk together coconut milk, coriander, fish sauce, brown sugar, lemon juice, garlic, ginger, and hot pepper sauce. Pour over cabbage mixture; toss to coat.

Nutrition per serving

- Calories 65
- · Protein 1.6 g
- Fat 0.7 g
- Sodium 129 mg

• 1 Tbsp fresh lemon juice

- · 2 tsp fish or ovster sauce 2 tsp packed brown sugar
- 1 tsp minced garlic
- 1/2 tsp minced fresh ginger
- 1/4 cup hot pepper sauce

Directions

- · Carbohydrates 13 g

- · Cholesterol 0 mg
- PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

_ Street" by Gerry Rafferty 6. Get weaponry 9. Permitted in law 14. Sainte-__, Quebec 15. James or Hudson 16. "Bust Young MC 17. They form rooms 19. Up an auc-20. Survive as a prepper would: 4 wds. 23. Mister, in India 24. Illuminated 25. Cartoonist Mr. Smythe 26. Church area 28. Since-1859 village in the Cariboo Mountains area of British Columbia 33. Pool buildup 35. Face, as an embankment 36. Mr. Marvin of films 37. Baltic country, for short 38. Dominated 39. Volcanic flow 40. Horoscope

noun 48. Can. leaders 51. Burton Cummings song: 5 wds. 56. Highway cross ing animal __-hat 58. Neutral paint colour

59 Does some gardening 60. And not 61. "There is a house _ _ Orleans / They call the Rising Sun... 62. Hagar the Horrible's dog 63. Ms. Leoni

64. Shelters for pigeons

DOWN 1. Has a really good cry 2. Irish tune: "Robin _ 3. Saskatchewan

town dubbed

ev Factory' 4. Australian model Ms. Macpherson 5. Settle a disnute 6. Rearward, on the ocean 7. Captivated 8. Ancient tale

'Canada's Hock-

9. Most big 10. Surface 11. Desert in Mongolia 12. Enthusiastic 13. Headed 21. Giant's cry! 22. Miscalculated 27. "Fan-tast-ic!" 28. Bound-to-theland person of ancient Sparta 29. Ended 30. Canadian police series of 2008 to 2012 31. Matthew the Apostle 32. 'For' votes 33. '_ fair in love and war' 34. In __ of (Replacing) 35. Baseball legend Babe 38. Vancouver-born actor Seth 39. CD predecessors 41 Region of The States 42. Like a class workout in a gym 44. Not as tight 45. Fulfilled 47. Multi-headed beast of myth 49. "Me and Bobby " by Janis Joplin 50. Distorts

51. Groan

52. Oxen harness 53. Will antonym 54. Succulent plant 55. City in Nev-

ada 56. " Doubtfire" (1993)

☀IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Information that could be worth a lot of money will come your way today. You may be tempted to pass on what you learn to your friends but if you are smart you will keep it to yourself. Knowledge is power — and profit too.

Taurus April 21 - May 21 In just a few days your view of the world will change for the better and your current negative attitude will fade away. Focus on the many good things in your life rather than the few things that have gone wrong.

I Gemini May 22 - June 21 Recent cosmic activity has tested you to the limit and because you've been on the go from morning to night you may now be exhausted. If so, take the next few days off. The universe can go on without you for a bit.

Cancer June 22 - July 23 Look back over the previous year and decide which of your ambitions to leave in the past and which you can take with you into the future. Dream, but be ruthlessly realistic as well.

Leo July 24 - Aug. 23 Make the most of the good things that happen today and tomorrow because over the weekend the atmosphere will change and you may not be quite so happy. A time for thinking rather than doing is approaching.

Virgo Aug. 24 - Sept. 23 What is most important in your life? The money you make? The status you enjoy? Those things may be important in the short-term but over the course of a lifetime it's the love you give that makes all the difference. What will you give today?

Libra Sept. 24 - Oct. 23 The sun's stay in the adventurous area of your chart ends at the weekend, so make the next few days a time of discovery. Not that you won't be able to discover things after but you will have responsibilities to deal with.

Scorpio Oct. 24 - Nov. 22 You may not like what you have to do now but the sooner you get it done the sooner you can move on. The sun's entry into your fellow water sign of Cancer on Sunday marks a turning point in your fortunes.

Sagittarius Nov. 23 - Dec. 21 Try not to take it personally if people do not agree with your point of view. If they get the impression you're thin-skinned they will focus on it. Be bold in your own beliefs and accepting of alternative points of view.

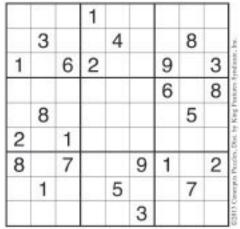
Capricorn Dec. 22 - Jan. 20 You have covered a lot of ground in recent weeks and you will cover a lot more in the months to come. For best results though you need to stop being such a loner and join with those who share your interests.

Aquarius Jan. 21 - Feb. 19 So many good things have happened of late that you may believe you'll be lucky forever. Know from past experience that is unlikely to be true. Life moves in cycles, so enjoy the highs but look out for the next low.

Pisces Feb. 20 - March 20 Act decisively today. Make sure that what has been started finally gets finished. Problems of a purely personal nature have taken up too much of your time and energy in recent weeks, so resolve them and move on.

CONCEPTIS SUDOKU by Dave Green

Every row column and box contains 1-9



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Justin Petkau
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Maxim Kotov

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Natasha Fluery
Paul Hanbury
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Rebekah Heinrichs
Riley Southby
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Ronie Calugay
Rudolf Hemsley
Selena Holodryga
Sheela Steendam
Simon Jones

Taranjit Singh Tayler Redpath Taylor Vancoughnett Vinh Vay Su Vrajesh Patel Xiaoqin Guan Xu Yifan Xuling Dai Yi Li Yu Yang

SKILLS CANADA MANITOBA COMPETITION WINNERS

GOLD MEDAL

Cameron Guse Meretu Kumsa Zohal Sekandary

SILVER MEDAL

Ronnie Calugay Justin Petkau Samantha Groen Justin Benoid Travis Skorupski

Bronze Medal

Kate-lyn Redekopp Graham Francis Kars Boekhorst

NATIONAL SKILLS COMPETITION GOLD MEDAL WINNER

Travis Skorupski

"On behalf of the staff at MITT, congratulations to our 2015 graduates on completing your program of study! Thank you for your hard work and contributions over the last year. We wish you every success in your chosen industry!" - Paul Holden, President and CEO, Manitoba Institute of Trades and Technology